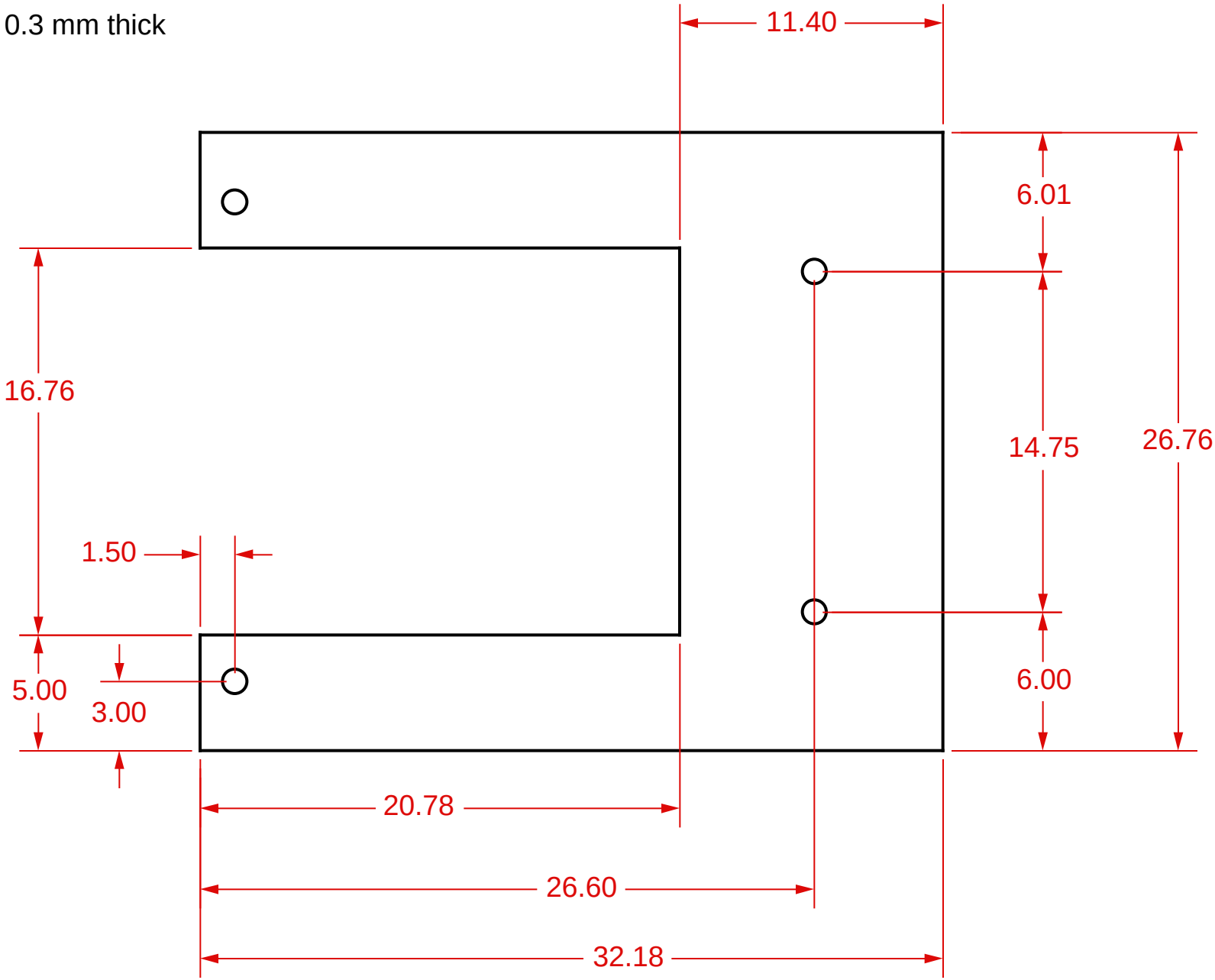0.3 mm thick